

That is only a beginning of the higher sort of spirituality. As a result of it, our senses become summarised to have their own share in the Being. This is my experience.

- Atul Mishra

The topic of the present seminar is from the message of the Rev. Master "**Master who leads to Realisation**". The sentence preceding the topic of seminar says, "When you have played your part fully well, the Ultimate cannot fall short in playing His part", draws our attention towards the higher sort of spirituality which the Master is talking about. In commandment 2, He says, "In the beginning the devotee (servant) had only conveyed his own cognizance to the Master but subsequently by the effect of devotion, the Master began to adopt nearness to him, which went on developing till the thought of actual communion began to pervade within him. Divine revelations and Nature's commands then begin to descend upon him and the first phase of initiation thus comes into effect." So this relationship of a Lover (devotee) with the Beloved (Master), turns around, wherein now Beloved begins to adopt nearness to Lover. This love of Ultimate brings a physiological and psychological shift in our body-mind apparatus wherein the senses whose usual way of working is outbound, looking for one pleasure after the other, current one to be higher and bigger than the previous one, turn around and start becoming dormant in their usual way of working. Rather these turn inwards and become instrumental in our march towards the goal. Master says the same – "Man is a bipolar-being. It has got its root nearest to the Base and the other end towards the world. If somehow, the individual mind gets moulded towards the cosmic mind it begins to appear in its true colours." (SDG-13) This happens when the summarisation of the senses happen.

In the system of Raja Yoga as given by our Beloved Master, steadying of Mind is achieved thru Love and Devotion, which in turn is developed by practice of constant remembrance. For the same Master says, "We should utilize this occasion in getting into the Master and Master alone, which will act as food and tonic for spiritual elevation. Remembrance should be in a way that we feel the thought of remembrance oozing out from the objects everywhere. It is the real remembrance which mortals can have." So here Master lays stress on how remembrance can be an impetus for reaching our goal - which is complete oneness with the Purity (Source or Homeland) as Master has referred at other places. So for seekers of this goal, necessity to develop this sort of remembrance in order to cooperate fully with the work of the Master is but

obvious. Love is fundamental to all divine attributes which blossom on our march towards our goal and devotion leads a way to it. Love makes every task easy and paves the way for the shower of Master's grace to smoothen the way to the Ultimate Goal.

Elsewhere He says, "Life has its meaning because there comes a force with it, and that reminds us of something which should be very precious to those who want to keep it within them." (SDG 104) "When we meditate, the Central Power we have i.e. thought in its pure form remains in force." (IPAM 56) Unregulated senses tend to dissipate this central force in many directions in form of web of thoughts and we remain struggling all through our lives trying to find a meaning in it. "Accepting turning towards the spiritual life is the beginning of life, and the highest state of it is 'Life in Life' which lies hidden in life itself. We should start for that Life which is to be entered into. All our abhyas leads us to that Life." (SDG 104)

"When they are summarised, they become a new force for our regeneration. Now, this is another instrument for our help. When this thing is attained, we have formed a base for our further approaches. It begins to modify itself when the effect of Divinity starts to percolate. The base becomes a sort of force and begins to reinforce the substance required for our elevation. When the base is formed within us, the charging with its contents, is also there affecting the entire fibre of our being. These contents are the ingredients of real life which we can safely call 'Life in Life'."(SDG 30).

This goes to say that the working of mind, senses and faculties begin to contribute their share towards divine existence. As we start to live a life soaked in Master's remembrance, our way of life becomes oriented to Master - His purpose, His commands, His mission. We then live a Life as our duty calls. The sadhana done with right attitudes and discipline as per Master's dictate lead us to clean our conscience, that is our manas, buddhi, chit & ahankar gets thoroughly purified. Master further adds, if all these become perfectly purified, conscience will give you only correct signals. After the purification of these things there come the higher powers. And at the same time purity has now begun all round. That is only a beginning of the higher sort of spirituality.

Pranams