

# Efficacy of Pranahuti

-Pujya Babuji Maharaj

Great men are not accidentally born, they are born when the world waits for them in eager expectation, says Swami Vivekananda. The saints come, do their job and go, such is the phenomenon of Nature. India that has always been the home of spirituality, was groping in darkness and had totally forgotten the age old system of yoga.

Solid materialism had taken the place of fine spiritualism. Dark clouds of ignorance were hovering all over, yogic transmission had become quite foreign to us. At this state, when spirituality was tottering helplessly some great personality was urgently needed, to set things right for the upliftment of mankind.

At such a time, the power of Nature descended in human form, as Samarth Guru Mahatma Ram Chandraji Maharaj of Fatehgarh, U.P., India. This spiritual genius was born on Basant Panchami, the 2nd February 1873 in a respectable family. He explored the vast fields of spirituality and evolved the remodeled system of yoga

with the result that it has become easy for all the souls to grasp it and a good deal of time has been saved thereby.

The world will be astonished if it views the system with heart's eye. Realisation has become a very easy job now. The old idea that it is very difficult is now cleared and thrashed out. The main basis of training is transmission-pranahuti - which make the task easy. It has been introduced into the system called as Natural Path. We start by meditation on the heart, which is the nucleus in the human body. The changes are felt when the yatra, journey is started. That, what these changes and experiences are, have been already given in the book "Towards Infinity", So I need not mention here. There are only four conditions felt in each one of the centres. They are verified as we proceed further in the region, and they continue till we reach the final stage of Being.

When the yatra of all the centres of Pind Pradesh, microcosm is over, we reach Brahmanda Mandal. This is cosmic region, called macrocosm. All the powers of Nature are at work, and we try to absorb in them. It is a very big region, no doubt, but vaster are the regions coming after. Every point is the continent itself and the beauty of it is more felt, when we begin to traverse that part. Afterwards we enter into the Parabrahmanda

Mandal, then Prapanna, where we feel the utmost devotion, and the greatness of God. After it comes Prabhu where we feel our share in the creation. Then comes Prapanna Prabhu where both things are there in rarefied form. Afterwards there are 64 points which are all my discoveries. Man becomes potentialised when he crosses all these points with yatra. After the crossing all these points we get tidings to enter into the Central Region. This is the purely realm of God. There are 7 rings of Splendour as I have discovered. If we get somehow the Master of the highest calibre, then we proceed further on to cross all the rings.

The work is not yet over. After crossing all the Rings of Splendour, the abhyasi begins to feel expansion throughout the universe. Then comes the stage of Divine knowledge afterwards we feel the vision of the Absolute. In the end starts Layavastha in Brahm, at this state the problem of life is thoroughly solved. And this is the last run of all our spiritual activities, - but the thing never ends. We begin to start swimming in the Infinite in order to complete the chain, I must add that during our march to Reality, of course at a higher point, the atoms of the body begin to convert themselves into energy, and then energy into its Absolute. The whole of the system is thoroughly divinised. And a man becomes dynamic.